



Epworth

Steps you'll take today in your surgical journey



Step 1

COVID-19 screening

Screening for symptoms will occur prior to your arrival to the hospital. If we have been unable to reach you via phone, a nurse will complete this on your arrival. For your own safety, a swab may be required.

Arrival – Welcome

Please take a seat. If you are unable to sit comfortably, please inform reception staff who will alert nursing staff.

Step 2

Clerical admission

Administration staff will confirm your clerical details are correct and collect any payments required.



Approximately 15 minutes

Step 3

Nursing admission

We will confirm your COVID-19 screen remains unchanged and you are well to have your surgery/procedure.

We will also check your blood pressure, review your health history and complete any preoperative tests that are required. You may see your surgeon/doctor and/or anaesthetist at this time. Day case patients – we will confirm the details of your designated lift home and provide an estimated discharge time.



Approximately 30 minutes

Waiting times

Please note your hospital admission time is decided by your surgeon/doctor. You may notice others going before you, as we have multiple operating rooms and surgeons working at the same time.

Step 4

Pre-op wait

You will be asked to change into a gown and taken to the holding bay, close to your operation/procedure time.



Approximately 30 minutes



Step 5

Holding bay

Your luggage will be labelled and stored. You will see your anaesthetist and have your details checked once again for safety. You will be kept warm during this time.

Step 6

Operation/surgical procedure

The operating theatre is cool and bright. We understand you may be apprehensive. There is a team of trained professionals to care for you.



Time dependent on type of procedure

Step 7

Recovery

Wake up from anaesthetic. The recovery staff will ensure you are made comfortable.

Please note visitors are not permitted in recovery.



Minimum 30 minutes

Step 8a

Second stage recovery – if you are leaving today

Enjoy food and drink as per your post-operative instructions. Change into your clothes. Your designated lift will be contacted with instructions regarding discharge time and requirement to pick up post-operative medication from pharmacy. Please note visitors to this area are restricted.

Step 8b

Ward – if you are staying overnight or longer

You will be transferred to a ward where the next step in your journey will be explained by the ward staff. Your luggage will be transferred to your room. Family/friends will be able to visit you.

Please ask our nurses for an update at any time.

We wish you all the very best in your recovery.