

MODERN TOOLS FOR OBESITY MANAGEMENT

DATE: THURSDAY 25th AUGUST 2022

TIME: 7.00pm – 8.15pm

TOPICS/SPEAKERS:

- 1 “A young man suffering from obesity, evolving metabolic syndrome and androgen deficiency.”
A case study exploring the interrelating endocrine issues of these three syndromes and their management strategies.

Presented by Dr George Kalogerakis, Endocrinologist

Obesity and early onset metabolic syndrome are increasing in prevalence while androgen deficiency may well be a concurrent issue that is often not investigated and often under-recognised. This case study explores management strategies for early metabolic syndrome and obesity. There will also be a discussion regarding the management approach for androgen deficiency ranging from diagnosis, treatments and addressing fertility issues.

- 2 **The role of bariatric surgery in obesity management in 2022**

Presented by Mr Anthony Clough, General and Bariatric Surgeon

The last decade has seen an explosion in bariatric surgery services and related literature in response to the ongoing obesity epidemic. The potential impact of bariatric surgery on a range of obesity related comorbidities is now well defined. Bariatric surgery can now be performed more safely than ever and the variety of procedures has expanded. This presentation will address the effects of bariatric surgery on diabetes, cardiovascular disease, longevity and other conditions, risks and complications, candidates for surgery and the GPs’ role in long term management of the bariatric patient.

LEARNING OUTCOMES

1. Apply management strategies for early metabolic syndrome and obesity
2. Discuss management approaches for androgen deficiency ranging from diagnosis, treatments and fertility issues
3. Assess the early and long-term risks and complications of bariatric surgery and identify suitable candidates
4. Outline the general practitioner’s role in long term management of the bariatric patient

REGISTRATION

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