

# Epworth GP Education

## CONCUSSION UPDATE

### GP WEBINAR PROGRAM



**DATE** TUESDAY 08<sup>th</sup> MARCH 2022

**TIME:** 7.00pm – 8.00pm

**TOPIC:** **CONCUSSION: - assessment, treatment and the impact of multidisciplinary rehabilitation**

The aim of this webinar is to provide practical information on the assessment and treatment of prolonged persisting symptoms post-concussion by a multidisciplinary rehabilitation team. The topics covered will include:- symptom presentation, vestibular dysfunction, visual problems, cervical spine assessment, autonomic dysfunction, emotional dysregulation and return to general activities and higher-level sport.

#### LEARNING OUTCOMES

1. Recognise prolonged persisting symptoms post-concussion and understand treatment options
2. Understand the role of a multidisciplinary team in concussion treatment

#### SPEAKERS:

**PROFESSOR JOHN OLVER**, Consultant Physician in Rehabilitation Medicine, is Professor in Rehabilitation Medicine in the Department of Medicine at Monash University. He is Medical Director of Rehabilitation and Manager of the Acquired Brain Injury Programme at Epworth Healthcare, Melbourne. Professor Olver is also Director of the Epworth Monash Rehabilitation Medicine Research Unit (EMReM), the medical research arm of Epworth HealthCare Rehabilitation and has research experience surrounding traumatic brain injury, concussion, outcomes following stroke and spasticity management. In 2016, Professor Olver established the Epworth HealthCare Rehabilitation Concussion Clinic which offers assessment and multidisciplinary treatment of prolonged persisting symptoms post-concussion.

**MS STEPHANIE JONES** is a grade 2 Physiotherapist working as part of the Epworth Hawthorn concussion clinic team. Ms Jones main interests with concussion management include vestibular physiotherapy, a strong focus on patient education, empowerment and goal setting and promotion of best-practice guidelines amongst clinicians both at Epworth and in the community.

#### WEBINAR REGISTRATION

**REGISTER HERE** or visit <https://www.epworth.org.au/for-gps>

Registration requirements:

- First name and surname
- RACGP number
- General Practice name, suburb and postcode
- Occupation

#### ENQUIRIES

[gpliaison@epworth.org.au](mailto:gpliaison@epworth.org.au)

