

Chronic Pain Management: How to manage patients who aren't getting better.



WEBINAR PROGRAM

DATE WEDNESDAY, 9 NOVEMBER 2022

TIME: 7.00pm – 8.15pm

OVERVIEW:

This webinar is hosted by Epworth Healthcare and will discuss the following.

TOPIC 1: Chronic Pain; a chronic disease that should be managed in a socio-psycho-biomedical framework

Presented by Dr Babak Farr, Rehabilitation and Pain Management Physician

Dr Babak Farr will discuss:

- Limitations of biomedical framework for understanding and management of Chronic pain
- Role of Multidisciplinary Rehabilitation teams in management of Persistent pain
- Considerations in pharmacotherapy

TOPIC 2: A Physiotherapist's perspective of working in a multidisciplinary Pain Management Program

Presented by Aidan Davey, Senior Physiotherapist Epworth Camberwell

Aidan Davey will discuss:

- If not stabilising cores, 'correcting' postures or teaching people to lift 'correctly' then what?
- Aidan will outline some of the commonly held beliefs around back pain which can lead to increased fear and anxiety in patients. Aidan will also discuss some strategies to reframe the conversation around pain and how to 'unstick' the 'stuck' patient.

The webinar will include case based presentation and will have the opportunity for Q&A.

LEARNING OUTCOMES

1. Outline the role of Multidisciplinary Rehabilitation teams in management of persistent pain
2. Discuss the role of pharmacotherapy in management of persistent pain
3. Identify the role of physiotherapy in a multidisciplinary Pain Management Program

REGISTRATION

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Registration requirements:

- First name and surname
- Email address
- RACGP or ACRRM number
- General Practice name, suburb and postcode
- Occupation

ENQUIRIES gpliaison@epworth.org.au

