

Periop doffing guidelines post AGP

Suspected or confirmed COVID-19 patient

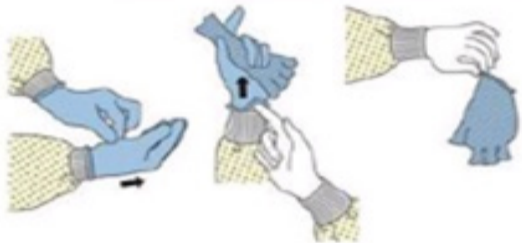
DOFF WITH A BUDDY / OBSERVER.

- > Complete all steps slowly and gently to minimise aerosoling virus
- > Buddy / Observer to follow checklist to minimise doffing breaches

1 Unfasten waist tie of surgical gown

2 Remove outer gloves

- > Grasp outside of glove with opposite gloved hand & peel off
- > Hold removed glove in gloved hand
- > Slide fingers of inner glove hand under remaining outer glove at wrist
- > Drop gloves in bin



- > Buddy / observer squirts hand sanitiser onto inner gloves of the person doffing
- > Hand hygiene on inner glove: alcohol based hand rub

3 Remove face shield

The outside of the eye protection/ face shield is contaminated.

- > To remove, handle by head band or ear piece from the sides towards the back, carefully moving hands forwards to drop face shield into bin.
- > Hand hygiene administered by buddy.



4 Remove gown

Gown front and sleeves are contaminated.

- > Reach back pulling apart top velcro/ties and move hands forwards and down while still grasping the gown.
- > Pull away from neck and shoulders, touching inside gown only.
- > Fold or roll into a bundle and discard.



5 Remove booties

Hand hygiene administered by buddy.

6 Exit theatre / isolation room

- > Exit theatre / isolation room handling door with inner glove.
- > Hand hygiene administered by buddy.

7 Remove inner glove

Outside of glove is contaminated.

- > Grasp outside of glove with opposite gloved hand and peel off.
- > Hold removed glove in gloved hand.
- > Slide fingers of inner glove hand under remaining outer glove at wrist.
- > Peel off glove and discard in waste container.
- > Hand hygiene administered by buddy.

8 Remove Balaclava

- > Remove Balaclava / hair cover by pulling ties apart at the back and move hands forward and down.
- > It is easier to untie Balaclava with ungloved hands.
- > Hand hygiene administered by buddy.

9 Remove Glasses

- > Remove Glasses / Goggles if used.
- > Hand hygiene administered by buddy

10 Remove N95 mask

- > Remove mask only outside of isolation room.
- Front of mask is contaminated. Do not touch.**
- > Grasp bottom then top ties or elastics, lift over head and allow the mask to drop down / forwards into bin.
- > Hand hygiene administered by buddy.

! Buddy / observer to verify that there has been no contamination event.