

Periop donning guidelines pre AGP

Suspected or confirmed COVID-19 patient

1 Hand hygiene

20 seconds soap and water /
alcoholic sanitiser

2 Mask

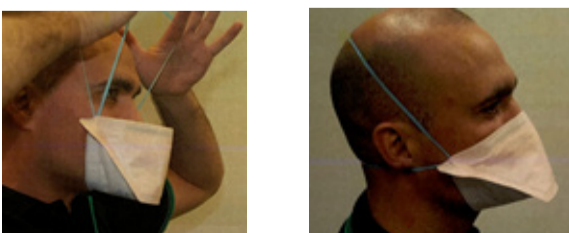
Ideally N95 - First on last off



- > Separate the mask edges
- > Put a small bend in the nose metallic strip
- > Separate the 2 elastic headbands with the nose strip uppermost
- > Use index finger and thumbs to separate the bands



- > Place chin in 'cup' of mask
- > Pull headbands up and over your head
- > Secure elastic bands over your head: lower band below ears, upper band on crown
- > Conform nose piece to your nose and across cheeks



- Perform fit test
- > Inhaling leads to mask collapse
 - > Exhaling causes mask to billow
- DO NOT PROCEED IF FIT TEST FAILS**

3 Headcovering

Balaclava



Tie rear ties of Balaclava with first throw Surgeons knot: double twist (not a bow nor double knot)

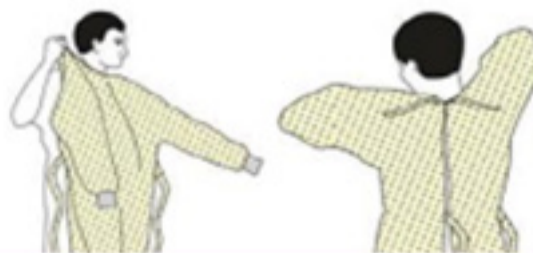
4 Shoe coverings

Booties



Ideally have a dedicated pair of theatre shoes, if not don booties.

5 Gown



- > Close fitting fluid impervious
- > Fully cover torso from neck to knees, arms to wrists and wrap around back
- > Fasten at back of neck and waist

6 Protective eyeshield



- > Place over face and adjust to fit.
- > Goggles or glasses may be worn under the shield.
- > If desired neck covering can be fashioned from adhesive edged surgical drapes attached to face shield to protect throat from splatter.
- > Adjust face shield so forehead is covered.

7 Inner gloves



Use surgical gloves first - better fit, longer to cover wrists, less likely to tear.

8 Outer gloves

Place second pair of gloves - ideally different colour Nitrile gloves (this distinguishes between inner & contaminated outer gloves).

9 Final check by spotter