



How to take off your PPE (doffing)

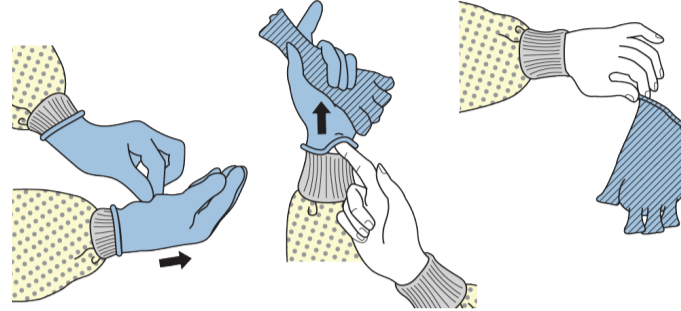
> Remove PPE at doorway or in ante room > Complete all steps slowly and gently > PPE Spotter to follow guidelines

1

Remove gloves

Outside of gloves are contaminated.

- > Grasp outside of glove with opposite gloved hand & peel off.
- > Hold removed glove in gloved hand.
- > Slide fingers of inner glove hand under remaining outer glove at wrist.
- > Peel glove off over first glove.
- > Drop gloves in waste container



2

Hand hygiene - Wash hands or use an alcohol based hand rub (minimum 20 seconds)

3

Remove gown

Gown front and sleeves are contaminated.

- > Unfasten ties.
- > Pull away from neck and shoulders, touching inside of gown only.
- > Turn gown inside out.
- > Fold or roll into a bundle and discard.



4

Hand hygiene - Wash hands or use an alcohol based hand rub (minimum 20 seconds)

5

Remove face shield or eye protection

The outside of the face shield or eye protection is contaminated. Do not touch.

- > Remove face shield or eye protection from the back (if it has elastic band) or by the side arms without touching the front of the item
- > If disposable, carefully move hands forward to place in waste container
- > If non-disposable, carefully move hands forward to place in designated receptacle for reprocessing.

6

Hand hygiene - Wash hands or use an alcohol based hand rub (minimum 20 seconds)

7

Remove hair cover

8

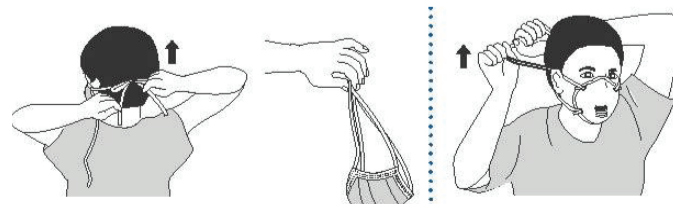
Hand hygiene - Wash hands or use an alcohol based hand rub (minimum 20 seconds)

9

Remove mask

Front of mask is contaminated. Do not touch.

- > Unfasten bottom tie, followed by top tie or grasp bottom then top elastics, lift over head and remove.
- > Discard in waste container.



10

Hand hygiene - Wash hands or use an alcohol based hand rub (minimum 20 seconds)